

MVP Featured Athlete

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Niah Woods

Summit Country Day



Senior Niah Woods is a multi-sport all-star for Summit Country Day and is a school record-holder in track & field's long jump (17'1") and 4x200 relay (1:46.03).

Her senior season in track & field, Niah helped her team win the MVC and district championships. She was the MVC champion in the 100 dash, 200 dash and the long jump. She was also on the Div. III district champion 4x100 and 4x200 relay teams and at the regional championships she was a member of the 4x200 relay team that finished as Div. III runner-up. She was named 1st team all-conference.

Her junior year, Niah was named MVC Track Runner of the Year, Cincinnati Div. III Runner of the Year (Enquirer) and Div. III SWO District Track Athlete of the Year. Twice she has been named 1st team all-Ohio.

A four-year varsity player in basketball, her senior year, the team went 27-1 over all, including an undefeated 16-0 in league play, winning a fourth straight MVC Scarlet title. She averaged 9.7 ppg.- 4.4 rpg. and her 53.9 shooting percentage led the league. She was named 1st team all-conference plus Div. III 1st team all-city (Enquirer), 2nd team all-SWO District and honorable mention all-state. She also played two years of varsity soccer for the Lady Silver Knights.

A good student who is active in community service, her favorite athlete is LeBron James, favorite entertainer is J. Cole, favorite book is The Life We Bury, favorite movie is The Little Rascals and most-like-to-meet is Michael B. Jordan. She will run collegiately at Howard University.



NAME: Niah Woods

GRADUATING YEAR: 2018

SCHOOL: Summit Country Day

GREATEST ACHIEVEMENT:
"It has yet to come."

HEIGHT/WEIGHT: 5'7"-135 lbs.

RESIDENCE: Hamilton

BIRTHDATE: 7/16/2000

PARENTS: Render Woods-Selena Carr

FUTURE GOAL: Licensed psychiatrist with own private practice.

"Niah is one of the most dedicated, determined, hardworking individuals I have ever met. She pushes her teammates to be their best and has created a culture of success for the track program at Summit Country Day."

– Kim Horning, Track & Field Coach

June 12, 2018