



Michelle Strizak Mt. Notre Dame



A 4-year varsity starter, Michelle Strizak helped lead last year's Cougars to a 24-5 record and the Div. I Ohio state championship. Michelle recorded 470 kills, 354 digs, 54 aces, and 42 blocks, earning numerous honors, including GGCL Player of the Year, Cincinnati Div. I Player of the Year, SWO district Player of the Year, 1st team all-Ohio, and a Top 5 finalist for the national Junior of the Year award.

Michelle has a volleyball heritage: her mom was on Xavier's team in college, her brother was on the team at Moeller and won a state championship, her sister competed at MND and won a state championship, and her cousin was on a team in high school and was an All-American player.

Active in community service, Michelle is an academic all-star, too; with a 4.0 GPA and a member of National Honor Society. She will continue her career next season at the University of Illinois. Her favorite athlete is Joey Votto and her most-like-to-meet is Misty May-Treanor. SPORT: Volleyball GRADUATING YEAR: 2013 GREATEST ACHIEVEMENT: Winning 2011 Ohio state championship BIRTHDATE: 12/19/94 HEIGHT: 6'1" RESIDENCE: Sycamore Township PARENTS: George & Phyllis BIGGEST INFLUENCE: Family FUTURE GOAL: 2012 Ohio state championship

"Michelle is a six rotation player who is able to make any swing, and has developed into one of the best outside hitters in the nation." – Joe Burke, Volleyball Coach