

## **Ellen Williamson**

## **Notre Dame Academy**

Notre Dame Academy senior Ellen Williamson is one of the premier prep swimmers in the nation, a

swimming All-American who already has earned 4 Kentucky state championships. Her sophomore year, she was state champion in the 100 butterfly (56.15, a state record.) Last season Ellen earned 3 more state titles (2 individual, 1 relay), setting state records in each event. She was named NKAC Swimmer of the Year, Women's Sports Association Swimmer of the Year, Recorder Newspapers Sportswoman of the Year and 1st team all-state for the third time, just to name a few. Also a scholastic All-American and National Honor Society member, Ellen will swim next year at the University of Virginia. She has athletic bloodlines: dad Ken was on Northern Kentucky University's basketball team and mom Cindy was on Clemson University's volleyball team. Last summer, Ellen competed in Dublin, Ireland as a team member of the USA Youth Team, and competed in the Junior National Championships in California. Favorite athlete is Nastia Liukin.





## **Ellen Williamson Notre Dame Academy**

SPORT(S): Swimming **GRADUATING YEAR: 2011** 

**GREATEST ACHIEVEMENT: 4-time** Kentucky state champ, 5-time state record-holder

**BIRTHDATE: 10-10-92** 

HEIGHT/WEIGHT: 5'7"-130 lbs

**RESIDENCE: Ft. Mitchell, Ky** 

PARENTS: Ken & Cindy

**BIGGEST INFLUENCE: "My parents** & coaches"

**FUTURE GOAL: "Be an NCAA** champion"

COACH'S QUOTE - "Ellen's determination, dedication, and desire set her apart from many other student-athletes. She focuses daily on both short and long-term goals. She attacks every race she's entered in and never ceases to amaze!" – Emily Maier, Swimming Coach

February 8, 2011

LaRosa's MVP of the Week

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